Accepted date:

A randomized clinical trial to evaluate the efficacy and safety of rivaroxaban in patients with bioprosthetic mitral valve and atrial fibrillation or flutter: Rationale and design of the RIVER trial

Helio P. Guimarães, Pedro G.M. de Barros e Silva, Idelzuita L. Liporace, Roney O. Sampaio, Flávio Tarasoutchi, Milena Paixão, Conrado R. Hoffmann-Filho, Rodrigo Patriota, Tiago L.L. Leiria, Diana Lamprea, Dalton B. Precoma, Fernando A. Atik, Fabio S. Silveira, Fabio R. Farias, Diogo O. Barreto, Adail P. Almeida, Alexandre C. Zilli, João D. de Souza Neto, Margaret A. Cavalcante, Fernando A.M.S. Figueira, Roque A. Junior, Valdir A. Moisés, Cezar E. Mesas, Roberto V. Ardito, Paulo S.A. Kalil, Maria S.M.O. Paiva, Jaime G.A. Maldonado, Carlos E.B. de Lima, Ricardo D'Oliveira Vieira, Ligia Laranjeira, Flávia Kojima, Lucas Damiani, Renato H. Nakagawa, Juliana R.Y. dos Santos, Bruna S. Sampaio, Viviane B. Campos, Jose F.K. Saraiva, Francisco H. Fonseca, Ibraim M. Pinto, Carlos C. Magalhães, Joao F.M. Ferreira, Renato D. Lopes, Ricardo Pavanello, Alexandre B. Cavalcanti, Otavio Berwanger, On behalf of the RIVER (RIvaroxaban for Valvular Heart diseasE and atRial Fibrillation Trial -RIVER Trial) Investigators.



PII:	\$0002-8703(20)30277-5
DOI:	https://doi.org/10.1016/j.ahj.2020.10.001
Reference:	ҮМНЈ 6237
To appear in:	American Heart Journal
Received date:	

5 October 2020

Please cite this article as: H.P. Guimarães, P.G.M. de Barros e Silva, I.L. Liporace, et al., A randomized clinical trial to evaluate the efficacy and safety of rivaroxaban in patients with bioprosthetic mitral valve and atrial fibrillation or flutter: Rationale and design of the RIVER trial, *American Heart Journal* (2020), https://doi.org/10.1016/j.ahj.2020.10.001

This is a PDF file of an article that has undergone enhancements after acceptance, such as the addition of a cover page and metadata, and formatting for readability, but it is not yet the definitive version of record. This version will undergo additional copyediting, typesetting and review before it is published in its final form, but we are providing this version to give early visibility of the article. Please note that, during the production process, errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

© 2020 Published by Elsevier.

A Randomized Clinical Trial to Evaluate the Efficacy and Safety of Rivaroxaban in Patients with Bioprosthetic Mitral Valve and Atrial Fibrillation or Flutter: Rationale and Design of the RIVER

Trial

Short title: RIVER Trial: Rationale and Design

Helio P. Guimarães,^{1,2} Pedro G.M. de Barros e Silva,¹ Idelzuita L. Liporace,³ Ronev O. Sampaio,⁴ Flávio Tarasoutchi,⁴ Milena Paixão,⁴ Conrado R. Hoffmann-Filho,⁵ Rodrigo Patriota,⁶ Tiago L.L. Leiria,⁷ Diana Lamprea,⁸ Dalton B. Precoma,⁹ Fernando A. Atik,¹⁰ Fabio S. Silveira,¹¹ Fabio R. Farias,¹² Diogo O. Barreto,¹³ Adail P. Almeida,¹⁴ Alexandre C. Zilli,¹⁵ João D. de Souza Neu, ¹⁶ Margaret A. Cavalcante,¹⁷ Fernando A.M.S. Figueira,¹⁸ Roque A. Junior,¹⁹ Valdir A. Moisés,²⁷ Ce var E. Mesas,²¹ Roberto V. Ardito,²² Paulo S.A. Kalil,²³ Maria S.M.O. Paiva,²⁴ Jaime G.A. Ma'donado,²⁵ Carlos E.B. de Lima,²⁶ Ricardo D'Oliveira Vieira,²⁷ Ligia Laranjeira,¹ Flávia Kojima,¹ yucas Damiani,¹ Renato H. Nakagawa,¹ Juliana R.Y.dos Santos,¹ Bruna S. Sampaio,¹ Vivian C. mpos,¹ Jose F.K. Saraiva,^{28,29} Francisco H. Fonseca,^{20,29} Ibraim M. Pinto,²⁹ Carlos C. Mag Ihã es,²⁹ Joao F.M. Ferreira,^{4,29} Renato D. Lopes,³⁰ Ricardo Pavanello,^{1,29} Alexandre B. Cavalc., rti,¹ Otavio Berwanger,^{1,2,29} On behalf of the RIVER (RIvaroxaban for Valvular Heart diseasE a id atRial Fibrillation Trial -RIVER Trial) Investigators. ¹Research Institute - Heart Hospital (h^oor) - São Paulo, Brazil; ²Hospital Israelita Albert Einstein, Lão Paulo-SP, Brazil; ³Instituto Dante Pazzar, se ⁴e Cardiologia - São Paulo, Brazil; ⁴Incor - Instituto do Coração do HCFMUSP- São Paulo, Brazil; ⁵Hospital Regional Hans Dieter Schmidt - Joinvile, Brazil; ⁶Hospital Metropolitano Sul Dom Helder Câmara - Cabo de Santo Agostinho, Brazil;

⁷Instituto de Cardiologia do Rio Grande do Sul (FUC) - Porto Alegre, Brazil;

⁸Procape - Recife, Brazil; ⁹Sociedade Hospitalar Angelina Caron - Campina Grande do Sul, Brazil;

¹⁰Instituto de Cardiologia do Distrito Federal - Brasília, Brazil;

¹¹Clínica do Coração Sergipe - Aracajú, Brazil;

¹²Quanta Diagnóstico e Terapia - Curitiba, Brazil;

¹³Hospital Evangélico de Vila Velha - Vila Velha, Brazil;

¹⁴Unidade Médico Cirúrgica – Unimec - Vitória da Conquista, Brazil;

¹⁵Hospital de Caridade São Vicente de Paulo - Jundiaí, Brazil;

¹⁶Hospital Messejana – Ceará, Brazil;

¹⁷Hospital Regional de Presidente Prudente - Presidente Prudente, Brazil;

¹⁸IMIP - Instituto de Medicina Integral Professor Fernando Figueira – Recife, Brazil;

¹⁹HUPES-Hospital Universitário Prof Edgard Santos – Salvador, Brazil;

²⁰UNIFESP - São Paulo, Brazil;

²¹Hospital de Universidade Estadual de Londrina - Londrina, Braz['];

²²IMC - Instituto de Moléstias Cardiovasculares - São José de Pio Preto, Brazil;

²³Hospital de Clínicas de Porto Alegre - Porto Alegre, Brazi¹,

²⁴Eurolatino Natal Center - Natal, Brazil;

²⁵Serviço de Eletrofisiologia e Marca-Passo de He, pital Universitário Francisca Mendes (HUFM)-

Manaus, Brazil;

²⁶Cardiolima Piauí - Teresina, Brazil;

²⁷Hospital e Clínica São Roque – Ir iau, Brazil;

²⁸Instituto de Pesquisa Clínica ⁴e Campinas - Campinas, Brazil;

²⁹Sociedade de Cardiole ria ¹o E ,tado de São Paulo (SOCESP);

³⁰Duke Clinical Research ¹m citute (DCRI), Durham-NC, US.

Key Words: rivaroxaban, bioprosthetic mitral valves, atrial fibrillation

Word Count: 4047 (main text)

Corresponding author: Helio Penna Guimaraes, MD, PhD; HCor Research Institute

Rua Abilio Soares, 250, 12º andar; São Paulo-SP, CEP 04004-030.

Email: heliopg@yahoo.com.br

ABSTRACT

Background: The efficacy and safety of rivaroxaban in patients with bioprosthetic mitral valves and atrial fibrillation or flutter remain uncertain.

Design: RIVER was an academic-led, multicenter, open-label, randomized, non-inferiority trial with blinded outcome adjudication that enrolled 1005 patients from 49 sites in Brazil. Patients with a bioprosthetic mitral valve and atrial fibrillation or flutter were randomly assigned (1:1) to rivaroxaban 20 mg once daily (15 mg in those with creatinine clearance <50 mL/min) or dose-adjusted warfarin (target international normalized ratio 2.0–30.); the follow-up period was 12 n ont, s. The primary outcome was a composite of all-cause mortality, stroke, transient ischemic attack, major bleeding, valve thrombosis, systemic embolism, or hospitalization for heart failure. Secon increationes included individual components of the primary composite outcome, bleeding evants, and venous thromboembolism. **Summary:** RIVER represents the largest trial specifical y designed to assess the efficacy and safety of a direct oral anticoagulant in patients with biops, sthetic mitral valves and atrial fibrillation or flutter. The results of this trial can inform clinical practice and international guidelines

INTRODUCTION

Valvular heart disease affects more than 100 million people worldwide¹ and is a growing problem due to rheumatic heart disease in low- and middle-income countries and degenerative valve disease in the aging population in high- and middle-income countries.^{1,2} In Brazil, valvular heart disease is one of the leading causes of cardiovascular hospitalizations.^{3,4} Mitral insufficiency and stenosis, usually secondary to rheumatic fever, are the most common forms of valvular heart disease in Brazil.^{3,4} In high-income countries, prolapse and degeneration are the primary reasons for mitral valve surgery.⁵⁻⁷

Replacement of the diseased native valve with a prosthetic valve in the main treatment option for patients with severe valvular heart disease.⁵⁻⁷ Over 4 million people would have received a prosthetic valve, and an estimated 300,000 valves are implanted every year.⁹ Prosthetic valves improve survival and quality of life in patients with severe valvular heart disease, 'nowever, they can be associated with an increased risk of thrombotic events.¹⁰⁻¹³ A systematic receiver found rates of valve thrombosis of 1.8/100 patient-years, major embolism of 4.0/100 patient-years, and total embolism of 8.6/100 patient-years.¹² The risk of thromboembolism is highest in the 3 months after bioprosthetic valve surgery in uncomplicated patients^{5,10-13}; however, the is persists indefinitely in those with atrial fibrillation (AF).^{7,10-13} Atrial fibrillation in the setting of mitral valve disease is common, with an occurrence of 30% to 40%.¹⁴⁻¹⁶

Due to the risk c⁺th om) otic events, lifelong use of oral anticoagulants is indicated for patients in sinus rhythm with mechanical heart valves, regardless of other medical conditions. Among patients with bioprosthetic heart valves, lifelong anticoagulation is particularly recommended if they have atrial fibrillation.^{5,9,17-25} There is limited evidence from randomized trials on the use of oral anticoagulation with vitamin K antagonists (VKAs) in patients with bioprosthetic heart valves.^{22,25}

Recommendations for Antithrombotic Therapy for Patients with Bioprosthetic Valves

The current recommendation for antithrombotic therapy in patients with bioprosthetic valves is aspirin 75–100 mg per day.^{2,3,5,23-26} The use of VKAs for 3–6 months after bioprosthetic mitral valve replacement

(MVR) is recommended for patients at low risk of bleeding, based mainly on evidence from nonrandomized trials.²⁷⁻²⁹ Anticoagulation early after valve implantation is intended to decrease the risk of thromboembolism until the prosthetic valve is fully endothelialized. The level of anticoagulation was assessed in a small randomized trial that indicated a better net benefit with a less intensive regimen of anticoagulation.²² The use of a direct oral anticoagulant (DOAC) primarily related to the mitral procedure, regardless of the existence of AF, was assessed in 220 patients in the ENAVLE trial.³⁰ This trial found that edoxaban was non-inferior to VKA in the first 3 months after mitral or aortic surgery (repair or bioprosthetic valve implantation). Routine anticoagulation is recomme act⁴ for a limited period of time; however, this recommendation is based mainly on non-randomize(tria's with small sample sizes.

Despite the standard recommendation of anticoagulation to 3–6 months after surgery, there are instances in which lifelong use of anticoagulant therapy is reconnended. Regardless of the timing of surgery, patients with a bioprosthetic value or mitral 'e₁ in and AF are at higher risk for embolic events and should use anticoagulants irrespective of the circ CHA₂DS₂-VASc score.^{3,5,24,27,31,32} The RIVER trial is designed to assess the use of DOACs in patients with atrial flutter or fibrillation and bioprosthetic mitral values with an indication for lifelong use of a nicoagulants. The evidence on the use of DOACs in this population is mainly from subgrout an lyses in small numbers of patients from pivotal trials.^{33,34} Larger studies are needed to determine the lafety and efficacy of DOACs in patients with AF and bioprosthetic heart values.

Evidence for Rivaroxab: " In Atrial Fibrillation

Rivaroxaban, an oral, direct factor Xa inhibitor, is recommended for the prevention and treatment of thromboembolic disorders.^{31,32,35-37} Due to a more consistent anticoagulant effect, which is less influenced by food or concomitant medications, rivaroxaban is an effective and safe alternative to warfarin for patients with AF.^{31,32,35-37} The primary evidence supporting the use of rivaroxaban in patients with atrial fibrillation is from the ROCKET AF trial.³⁷ In ROCKET AF, 14,264 patients with nonvalvular AF were randomized to receive 20 mg rivaroxaban once daily (15 mg in those with moderate renal impairment at screening) or dose-adjusted warfarin (target international normalized ratio [INR] 2.0–3.0). The primary

per-protocol analysis showed that rivaroxaban was non-inferior to warfarin, with 1.7 events/100 patientyears in the rivaroxaban arm compared with 2.2 events/100 patient-years in the warfarin-treated patients (p<0.001 for non-inferiority). Overall results were consistent in the intention-to-treat analysis. The safery endpoints of major and nonmajor clinically relevant bleeding occurred in 14.9% per year in the rivaroxaban group and 14.5% per year in the warfarin group (hazard ratio [HR] 1.03; 95% confidence interval [CI] 0.96–1.11; p=0.44), with significant reductions in intracranial hemorrhage (0.5% vs. 0.7%, p=0.02) and fatal bleeding (0.2% vs. 0.5%, p=0.003) in the rivaroxaban group compared with the warfarin group.

The available pre-clinical and clinical evidence supports the ev. luation of rivaroxaban as a potential alternative to VKAs in patients with AF and bioprostication heart valves.^{31,32,35-37} Despite the consistent findings, patients with bioprosthetic mitral valves were excluded from ROCKET AF.³⁷ Thus, we propose a multicenter, randomized clinical trial to a set, the efficacy and safety of rivaroxaban compared to warfarin in patients with AF or flotter and bioprosthetic mitral valves.

METHODS

Study Design

RIVER (NCT02303795) was an academically led, investigator-initiated, multicenter, randomized, noninferiority, open-label with vlinc ed-endpoint adjudication trial in 1005 patients from 49 sites in Brazil.

The authors are sclely responsible for the design and conduct of this study, all study analyses, the drafting and editing of the paper and its final contents. This was an investigator-initiated study with financial support from the Brazilian Ministry of Health (PROADI-SUS Program) and Bayer. The funding sources had no role in the study conduct, analysis, interpretation of data, or decision to publish the results.

The study was divided into a screening period, a treatment period, and a 24-hour post-treatment safety assessment (Figure 1).

The following suggestion was shared with investigators for patients transitioning from VKA to rivaroxaban in the beginning of the trial and from rivaroxaban to VKA at the end of the trial. For patients

using VKA who were randomized to rivaroxaban, study drug was started when the INR was ≤ 2.5 . When the INR was ≥ 2.5 , a new INR was measured in 1–3 days until it was ≤ 2.5 so rivaroxaban could be initiated. At the end of study, anticoagulation with VKA was the expected treatment for patients who were on rivaroxaban, following the standard approach of starting warfarin and only stopping rivaroxaban when the INR was ≥ 2.0 .

The post-treatment observation period was a follow-up to record adverse events or outcomes occurring within 24 hours after the last study visit. Follow-up could be performed via telephone contact and did not require an in-person visit.

Primary Objective

The primary objective of RIVER is to assess whether rivaro aban is non-inferior to warfarin in patients with atrial fibrillation or flutter and bioprosthetic mitral values with respect to major clinical events at 12 months. Major clinical events were defined as a composite outcome of all-cause mortality, stroke, transient ischemic attack (TIA), major bleeding, value thrombosis, systemic embolism, or hospitalization for heart failure. These events were selected in order to assess the net clinical benefit of the intervention, since all of the endpoints could be a flected positively or negatively by the use of anticoagulation. Hospitalization for heart failure was included as a component of the composite endpoint since most clinical events monitore and the events may not be detected by the investigator or meet all of the criteria to be classified as one of the other endpoints included in the analysis. Therefore, monitoring heart failure hospitalization would avoid missing these events. If two concomitant events (e.g., value thrombosis that lead to heart failure hospitalization) occur, only one event will be counted in the primary composite outcome.

Eligibility

The main inclusion criteria were age ≥ 18 years; paroxysmal, permanent, or persistent atrial fibrillation or flutter; and a bioprosthetic mitral valve with planned or current use of oral anticoagulation for the prevention of thromboembolism.

The risk of thrombosis is higher in mitral bioprosthesis compared with aortic bioprosthesis. We decided to study patients with bioprosthetic mitral valves in the RIVER trial because there are many questions about the use of DOACs in this population,³⁸ and our analysis would allow for the assessment of the effect of the intervention in a population with a higher risk of event.

Patients were considered to be eligible for enrollment 48 hours after mitral valve surgery with no limitations on timing from the 48-hour post-surgery period to to the mitral implantation of bioprosthetic valve any time in the past were eligible. Patients with or without prior exposure to oral anticoagulation were eligible. Main exclusion criteria were contraindications to the study drugs, other factors 'eading to excessive hemorrhagic risk, transient AF caused by a reversible disorder, and mechanical valves. Detailed inclusion and exclusion criteria are summarized in Table 1.

Randomization and Allocatic T Concealment

Eligible patients were randomized to receive rivaroxaban or dose-adjusted warfarin (titrated to a target INR of 2.0 to 3.0) in a 1:1 rolio in permuted blocks of 4 and were stratified according to site using a central concealed, web-based, automated, randomization system developed by the Research Institute HCor (São Paulo, Brazil).

Trial Interventions

Patients assigned to rivaroxaban received 20 mg once daily; however, those with a calculated creatinine clearance (CrCl) of 30–49 mL/min/1.73m² received a reduced dose of 15 mg once daily. The dose of rivaroxaban remained the same throughout the study unless there was a change in the CrCl measurement

that would necessitate a dose modification. The dose adjustment of rivaroxaban was bidirectional with changes in CrCl and could be modified at each visit or in accordance with monitoring of CrCl variation. If a patient was randomized to rivaroxaban but was using a VKA pre-randomization, investigators were instructed to start rivaroxaban at the time of the next dose of VKA if the INR was <3.0.

In patients assigned to warfarin, doses were titrated to maintain a target INR of 2.0–3.0. Among patients not using warfarin, the starting dose in the VKA arm was determine according to age. In patients >65 years old, the initial warfarin dose is 2.5 mg daily; all other patients should take 5 mg daily. INR was measured at least every 4 weeks. More frequent INR measurements were allowed according to clinical judgement or when the therapy was initiated. An unblinded physic an, 1 ot affiliated with the conduct of the study, monitored the warfarin management to ensure clinical stress would respond to values out of range according to a pre-established algorithm. All patients were educated about potential drug interactions, diet, and the importance of INR measurements.

Co-Interventions

Medical

Concomitant use of aspirin up to 100 n. v/day was permitted in accordance with evidence-based treatment guidelines for patients with AF and .therosclerotic disease. Thienopyridines or other antiplatelet therapy was not permitted for 5 ⁴ay, before randomization and fibrinolytic therapy was not permitted for 10 days before randomization. Patients who underwent vascular interventions could receive dual antiplatelet therapy with aspirin and thienopyridine at the investigator's discretion. Chronic use of nonsteroidal anti-inflammatory drugs, defined as daily use for >2 weeks, was prohibited. Specific strong cytochrome P450 3A4 inhibitors and inducers were also prohibited.

Surgical

For elective procedures, the recommendation was that most patients should stop warfarin 4 days before the planned procedure and rivaroxaban 24 hours before the procedure if renal function is normal. INR

measurements should be performed daily and patients may undergo procedures when the values are deemed appropriate by the treating physician. Bridging with parenteral (e.g., subcutaneous) antithrombotic agents was allowed. For semi-urgent procedures, the study drug was stopped and INR testing was recommended. If possible, the procedure was delayed for 24 hours which is usually enough time to reduce the risk in the rivaroxaban group in those with normal renal function. In the VKA arm, intravenous vitamin K could be used in cases of high-risk urgent procedures to reduce the level of INR. For some specific procedures (e.g., urgent percutaneous coronary intervention [PCI]), use of study drug could be continued without interruption. In the periprocedural period, Two tests were recommended as necessary. For all procedures, the recommendation was that the study α ug should be resumed when hemostasis was achieved and the treating physician considered or a anticoagulant therapy to be appropriate. Bleeding complications should be treated with ¹ en. ⁴ynamic stabilization (if necessary), local treatment at the site of the bleeding, intravenou viar in K for the VKA group, and the use of therapies to reduce the effect of anticoagulatic in .nore severe refractory cases. Prothrombin complex concentrate (PCC) was the preference for the more severe cases in both groups, but the decision was based on local availability. A detailed report or major bleeding events after adjudication is included as a planned sub-analysis of the RIVER trn.1

Trial Procedures and Talk w-vp

Initial baseline assessments include demographics, cardiovascular risk factors, relevant medical history, clinical characteristics, and laboratory data. After the screening, randomization, and baseline assessment visits, the other follow-up visits were schedule at 30 days and at every 3 months thereafter to identify safety and efficacy outcomes, procedures, and assessment of vital status.

Despite the controlled environment of the clinical trial, cross-over may occur in cases of potential transient or permanent contraindication to rivoraxaban (e.g., valve replacement by mechanical bioprotheses during follow-up). Imaging tests during follow-up were performed based on symptoms or routine practices at an investigator's institution. The total follow-up period was 12 months.

Outcomes

The primary outcome was a composite of all-cause mortality, stroke, TIA, major bleeding, valve thrombosis, systemic embolism, or hospitalization for heart failure. Detailed definitions for each outcome are described in the Supplementary Appendix.

Secondary efficacy outcomes included the composite outcome of disabling strokes, TIA, major bleeding, all-cause death, valve thrombosis and non-central nervous system systemic embolism, or hospitalization due to heart failure at 12 months. Venous thromboembol³sm and non-major bleeding were also reported as secondary outcomes at 12 months. Deaths were adjud³ at 4 as cardiovascular and noncardiovascular. The secondary safety outcomes were bleeding events (1 vajor, minor, minimal, or fatal). Bleeding events were classified based on a specific study definition but also using the Thrombolysis in Myocardial Infarction (TIMI) and Bleeding Academic Reserrch Consortium (BARC) criteria (Supplementary Appendix).

All potential endpoints that could be tifected positively or negatively by the use of anticoagulation were included in order to astress the net clinical benefit of rivaroxaban. In addition, previous trials of DOACs have explored the effects in "broader" endpoints such as all-cause death, all-cause hospitalization, specific cardiovarcular death, or cardiovascular hospitalizations. Finally, the interpretation of our randomized controlled trial will be based on the primary and secondary endpoints that capture different as fact of the patient's evolution during follow-up. Fatal events, thromboembolic events, bleeding events, volve thrombosis, and cardiovascular hospitalizations will all be reported in this trial

In the RIVER trial, an independent clinical events classification committee (CEC) has developed the CEC Charter that details, among other operational features, all steps taken to guarantee the adjudicators were blinded to treatment assignment. Since this study was not double-dummy, medication was given in an open-label setting and the INR exams also were open to the investigator in order to adjust the dose of warfarin. Since this test could expose the probable arm in the study, the clinical events classification committee was blinded to study drug and INR results were redacted in source documents.

Statistical Analysis

Main analyses will follow the intention-to-treat principle, evaluating all randomized patients according to the randomization. Categorical variables will be presented as relative and absolute frequencies. Continuous variables will be summarized using means and standard deviation or median and interquartile range.

Results for the primary outcome will be reported as Restricted Mean Survival Time (RMST).³⁹⁻⁴² The RMST represents the mean time free from an outcome event adjusted for losses to follow-up, reflecting the area under the survival curve. In this case, the treatment and the setimated as the difference between groups in the RMST over the 12-month follow-up period.

Time to the occurrence of primary outcome and secondory outcomes will be expressed as Kaplan-Meier survival curves. In this case, the treatment effects are x_{12} , ossed as HRs derived from the Cox regression. The 95% CIs will be estimated for all effect one sures. A per-protocol analysis, which includes all patients who received at least 1 dose of a story drug and did not have a major protocol violation, will be also performed. All statistical analyses will be performed with the use of the latest version of R software. Subgroup analyses include age, s or time in the appendic range, concomitant antiplatelet use, time from mitral valve implantation, type of mitral valve replacement procedure, renal function, and dose of rivaroxaban.

Sample Size

The sample size was calculated considering the primary RMST analysis, assuming a time point of 365 days. Considering a control group event rate of 14.5% with a HR of 0.79 for the primary end point and a one-sided significance level of 2.5%, a sample of 1000 patients provides approximately 80% power to detect a non-inferiority margin of 8 days favoring warfarin. When the trial was designed, there were no reliable data assessing the effects of DOACs in patients with AF and bioprosthetic valves. Therefore, we estimated the effect size based on the ROCKET AF trial,³⁷ which was the best available evidence with rivaroxaban, and the event rates were complemented by unpublished data from institutional databases in

Brazil. A RMST difference of 8 days (which is approximately 2% of 365 days) was deemed an appropriate non-inferiority margin by the executive committee (FIGURE 2). A similar threshold has been used previously in cardiovascular trials.⁴³

Additional Pre-specified Analyses

A network meta-analysis is planned including information from other trials that addressed the outcomes in the population of patients with AF and bioprosthetic heart valves.^{33,34,41} A comprehensive analysis of valvular complications including clinical and echocardiographic findings is also planned with the data from the RIVER trial. Finally, other sub-analyses will be also be performed, including results based on recurrent events, valve thrombosis, and a detailed description of carse of death and bleeding events. These additional pre-specified analyses may be reported as separate substudies of the RIVER trial.

ORGANIZATIONAL STRUCTURE

Trial Oversight

An academic steering committee designed the RIVER trial independently and, together with an operations committee from the Research Institute -Heart Hospital (HCor) (São Paulo, Brazil), oversaw the medical, scientific, and operational conduct of the study. The study also has intellectual and scientific support from a local cardiology society (Specie lade de Cardiologia do Estado de Sao Paulo [SOCESP]).

The Research Institute—HCor coordinated data management in which information from the electronic clinical report form and the clinical events committee was entered into separate databases. Source data verification, validation, and consistency checks were also performed by Research Institute—HCor. Steering committee members are responsible for the reporting of the results and for drafting and editing of this and forthcoming manuscripts.

An independent and external data monitoring committee (DMC) monitors safety data on an ongoing basis and has access to unblinded data. An independent CEC Committee, whose members were blinded to treatment assignment, adjudicated all potential primary and secondary end points.

Ethical Aspects

The study adhered to the ethical principles of the Declaration of Helsinki, specifications of the International Conference of Harmonization, and Good Clinical Practice. The study protocol was approved by an independent ethics committee or institutional review board at participating sites. The protocol required that each patient provide informed consent before initiating any study procedure.

DISCUSSION

The optimal anticoagulation strategy for patients with AF and bioprostiucle values remains uncertain. Recent substudies from large-scale trials have reported specific fin ting. of the effects of apixaban and edoxaban in this patient population.^{33,34,44} More recently, a rardonized trial comparing a DOAC with warfarin after surgical bioprosthetic value replacement suggested noninferiority of edoxaban to VKAs.³⁰

In the ARISTOTLE trial,⁴⁵ 104 (0.6%) of the 1° 20, included patients had a history of bioprosthetic valve replacement (n=73 [aortic], n='.6 [mitral], n=5 [mitral and aortic]) and 52(0,3%) had a history of valve repair (n = 50 [mitral], n = 2 [aortic]). Among patients with bioprosthetic valves,^{33,44} 55 were randomized to apixaban and 49 to wa farm. Overall clinical event rates were low, with no significant differences between apix aban and warfarin for any outcomes.

The ENGAGE AF-TIM $48^{34,46}$ trial, which compared edoxaban with warfarin in patients with AF, did not exclude patients with bioprosthetic valves, thus providing an opportunity to analyze this high-risk subgroup. Of the 21,10⁵ patients enrolled, 191 (0.9%) had previous bioprosthetic valve implantation (n=131 [68.6%] mitral, n=60 [31.4%] aortic). Rates of major bleeding were similar for the higher dose of edoxaban (60 mg) versus warfarin but were lower with lower dose of edoxaban (30 mg) versus warfarin (0.76%/year vs. 6.27%/year; HR 0.12; 95% CI 0.01–0.95; p=0.045). Patients with bioprosthetic heart valves treated with the higher dose of edoxaban had significantly lower rates of the primary net clinical outcome (7.53%/year vs. 15.77%/year; HR 0.46; 95% CI 0.23–0.91; p=0.03) and myocardial infarction, stroke, or cardiovascular death (4.32%/year vs. 11.07%/year; HR 0.36; 95% CI 0.15–0.87; p=0.03).

Patients with bioprosthetic heart valves treated with the lower dose of edoxaban had lower rates of the primary net clinical outcome (7.03%/year vs. 15.77%/year; HR 0.43; 95% CI 0.21–0.88; p=0.02).

Beyond subanalyses from pivotal trials, patients with AF and bioprosthetic valves using DOACs were also assessed in observational studies of patients with acquired and congenital heart diseases.^{47,48} Overall, these studies indicated the main reasons for replacing warfarin with a DOAC were due to lack of compliance and subtherapeutic INR range. This selected group of patients had a low mean annual incidence of thromboembolism and major bleeding (both around 1%). These real-world data corroborated subanalyses from previous trials demonstrating that DOAC therapy seriors chective and safe for patients with AF and a bioprosthetic valve. However, since the sample size is relatively small and this population was not randomized, the data is hypothesis generating.

The ENAVLE trial,³⁰ presented at 2020 American College of Cardiology Scientific Session (ACC.20)/World Congress of Cardiology (WCC), in the ed 220 patients who had undergone successful surgical bioprosthetic valve implantation or repair to the mitral valve, aortic valve, or both. Patients were randomly assigned to receive either edoxaber (60 mg once daily or 30 mg in those with a CrCl 30–50 mL/min or with body weight ≥ 60 kg) or which is right in (dose adjustment to maintain INR 2.0–3.0) for 3 months. The primary efficacy outcome was a composite of death, clinical thromboembolic events, or asymptomatic intracardiac thromboe. S. Rates of the primary outcome were 0% in the edoxaban group and 3.67% in the warfarin group (p < 0.001 for noninferiority). The primary safety outcome of major bleeding occurred in 3 patients (2.75° s) in the edoxaban group and 1 (0.92%) in the warfarin group (intracranial hemorrhage) (p=0.013 for noninferiority). Of note, not all included patients had AF. Therefore, the indication for anticoagulation could have been related to the mitral procedure alone.

Limitations

The initial dose of 2.5 and 5 mg used in the warfarin arm was based on a standard adopted by the majority of the sites included in the study. Nevertheless, the potential disadvantage of this approach compared with more aggressive schemes of anticoagulation in terms of embolic protection may be counterbalanced by

less bleeding, which is a common complication in the initial phase of anticoagulation. Also, most patients randomized to the VKA arm were already using warfarin and did not need this initial dose. Other aspects to be considered include the fact that the RIVER trial assessed only one DOAC (rivaroxaban) and will not include patients with aortic bioprosthetic valves. Nevertheless, the results in pivotal trials of DOACs were very consistent among the different types of DOACs and the main concern related to these drugs is in the scenario of mitral bioprosthetic valves,³⁸ where the risk of thrombosis is higher. Thus, the results of the RIVER trial could have a broader application.

Conclusion

To the best of our knowledge, RIVER represents the largest represent trade pized trial to date specifically designed to assess the efficacy and safety of a direct oral anticoagular. In patients with bioprosthetic mitral valves and atrial fibrillation or flutter. The results of this trial conjutor clinical practice and international guidelines.

Some

References

- Nkomo VT, Gardin JM, Skelton TN, Gottdiener JS, Scott CG, Enriquez-Sarano M. Burden of valvular heart diseases: a population-based study. Lancet 2006; 368(9540):1005-1011.
- Carapetis JR, Steer AC, Mulholland EK, Weber M. The global burden of group A streptococcal diseases. Lancet Infect Dis 2005; 5(11):685-694.
- Tarasoutchi F, Montera MW, Ramos AIO, Sampaio RO, Rosa VEE, Accorsi TAD et al. Atualização das Diretrizes Brasileiras de Valvopatias: Abordacem das Lesões Anatomicamente Importantes. Arq Bras Cardiol 2017; 109(6Supl.2):1-34) +
- Meira ZM, Goulart EM, Colosimo EA, Mota CC. Long ern follow up of rheumatic fever and predictors of severe rheumatic valvar disease in Prazilian children and adolescents. Heart. 2005;91(8):1019-22.
- 5. Nishimura RA, Otto CM, Bonow RO, et al. 2017 AHA/ACC Focused Update of the 2014 AHA/ACC Guideline for the Manage ner. of Patients With Valvular Heart Disease: A Report of the American College of Cardiolog, 'American Heart Association Task Force on Clinical Practice Guidelines. J Am Coll Cardiol. 20' 7: /0(2):252-289.;
- David TE, Gott VL, Harke L.^A Miller GE, Jr., Naftel DC, Turpie AG. Mechanical valves. Ann Thorac Surg 1996; 62(5):1: 77-1570.
- Butany J, Fayet C, Ahly walia MS et al. Biological replacement heart valves. Identification and evaluation. Cardieve sc Pathol 2003; 12(3):119-139.
- Yacoub MH, Takkenberg JJM. Will heart valve tissue engineering change the world? Nat Clin Pract Cardiovasc Med 2005; 2: 60–61.
- Sun JC, Davidson MJ, Lamy A, Eikelboom JW. Antithrombotic management of patients with prosthetic heart valves: current evidence and future trends. Lancet. 2009;374(9689):565-576. doi:10.1016/S0140-6736(09)60780-7.
- David TE, Ho WI, Christakis GT. Thromboembolism in patients with aortic porcine bioprostheses. Ann Thorac Surg 1985; 40(3):229-233.

- Asopa S, Patel A, Dunning J. Is short-term anticoagulation necessary after mitral valve repair? Interact Cardiovasc Thorac Surg 2006; 5(6):761-765.
- 12. Massel DR, Little SH. Antiplatelet and anticoagulation for patients with prosthetic heart valves. Cochrane Database Syst Rev. 2013 Jul 9;(7):CD003464.
- 13. Heras M, Chesebro JH, Fuster V et al. High risk of thromboemboli early after bioprosthetic cardiac valve replacement. J Am Coll Cardiol 1995; 25(5):1111-1119.
- Diker E, Aydogdu S, Ozdemir M, Kural T, Polat K, Cehreli S, Erdogan A, Goksel S. Prevalence and predictors of atrial fibrillation in rheumatic valvular heat divease. Am J Cardiol. 1996; 77: 96–98.
- 15. Rowe JC, Bland EF, Sprague HB, White PD. The court of mitral stenosis without surgery: tenand twenty-year perspectives. Ann Intern Med. 1967; 52. 741–749.
- Grigioni F, Avierinos JF, Ling LH et al. Atrial fibrillation complicating the course of degenerative mitral regurgitation: determinants and long-term outcome. J Am Coll Cardiol 2002; 40(1):84-92.
- 17. Cappelleri JC, Fiore LD, Broon MT, Deykin D, Lau J. Efficacy and safety of combined anticoagulant and antiplate et therapy versus anticoagulant monotherapy after mechanical heart-valve replacement: a number alysis. Am Heart J 1995; 130(3 Pt 1):547-552.
- Cannegieter SC, Roser Jaal FR, Wintzen AR, van der Meer FJ, Vandenbroucke JP, Briet E.
 Optimal oral anticoagulant therapy in patients with mechanical heart valves. N Engl J Med 1995; 333(1):11-17.
- 19. Iung B, Gohlke-Barwolf C, Tornos P et al. Recommendations on the management of the asymptomatic patient with valvular heart disease. Eur Heart J 2002; 23(16):1253-1266.
- 20. Berkowitz SD. Antithrombotic therapy after prosthetic cardiac valve implantation: potential novel antithrombotic therapies. Am Heart J 2001; 142(1):7-13.

- 21. Stein PD, Alpert JS, Bussey HI, Dalen JE, Turpie AG. Antithrombotic therapy in patients with mechanical and biological prosthetic heart valves. Chest 2001; 119(1 Suppl):220S-227S.
- Turpie AG, Gunstensen J, Hirsh J, Nelson H, Gent M. Randomised comparison of two intensities of oral anticoagulant therapy after tissue heart valve replacement. Lancet 1988; 1(8597):1242-1245.
- 23. Baumgartner H, Falk V, Bax JJ, et al. 2017 ESC/EACTS Guidelines for the management of valvular heart disease. Eur Heart J. 2017;38(36):2739-2791.
- 24. Whitlock RP, Sun JC, Fremes SE, Rubens FD, Teoh KH A. titurombotic and thrombolytic therapy for valvular disease: Antithrombotic Therapy and Frevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Passed Clinical Practice Guidelines. Chest. 2012;141:e576S-600.
- 25. Turpie AG, Gent M, Laupacis A, et al. A conversion of aspirin with placebo in patients treated with warfarin after heart-valve replacement. N Engl J Med. 1993;329:524–9.
- 26. Meschengieser SS, Fondevila CG, Frontroth J, Santarelli MT, Lazzari MA. Low-intensity oral anticoagulation plus low-dose *csp* rin versus high-intensity oral anticoagulation alone: a randomized trial in patient, with mechanical prosthetic heart valves. J Thorac Cardiovasc Surg. 1997;113:910–6 190.
- 27. Brennan JM, E. wards FH, Zhao Y, et al. Early anticoagulation of bioprosthetic aortic valves in older patients: recurs from the Society of Thoracic Surgeons Adult Cardiac Surgery National Database. J Am Coll Cardiol. 2012;60:971–7. 196.
- 28. Egbe AC, Pislaru SV, Pellikka PA, et al. Bioprosthetic valve thrombosis versus structural failure: clinical and echocardiographic predictors. J Am Coll Cardiol. 2015;66:2285–94. 197.
- 29. Mérie C, Køber L, Skov Olsen P, et al. Association of warfarin therapy duration after bioprosthetic aortic valve replacement with risk of mortality, thromboembolic complications, and bleeding. JAMA. 2012;308:2118–25.

- 30. Hong GR. Edoxaban versus warfarin after surgical bioprosthetic valve implantation or valve repair. Presented on: March 30, 2020. ACC 2020.acess in: https://accscientificsession.acc.org/
- 31. January CT, Wann LS, Alpert JS, et al. 2014 AHA/ACC/HRS guideline for the management of patients with atrial fibrillation: executive summary: a report of the American College of Cardiology/American Heart Association Task Force on practice guidelines and the Heart Rhythm Society [published correction appears in Circulation. 2014 Dec 2;130(23):e270-1]. Circulation. 2014;130(23):2071-2104.
- 32. Kirchhof P, Benussi S, Kotecha D, et al. 2016 ESC Guide'inc. for the management of atrial fibrillation developed in collaboration with EACTS. Eur F eart 1. 2016;37(38):2893-2962.
- 33. Pokorney SD, Rao MP, Wojdyla DM, Gersh BJ, Lerres PD, Lewis BS, Hanna M, Avezum A, Wallentin L, Alexander JH, Granger CB. Apixabela use in patients with atrial fibrillation with bioprosthetic valves: insights from ARISTOTL' C reulation2015; 132:A17277.
- 34. Carnicelli AP, De Caterina R, Halpc in 'L Renda G, Ruff CT et al On behalf of the ENGAGE AF-TIMI 48 Investigators. Edoxauch for the Prevention of Thromboembolism in Patients With Atrial Fibrillation and Bioprosthetics Valves. Circulation. 2017;135:1273–1275.
- 35. Kubitza D, Becka M, Wensung G, Voith B, Zuehlsdorf M. Safety, pharmacodynamics, and pharmacokinetics of PAY .'9-7939--an oral, direct Factor Xa inhibitor--after multiple dosing in healthy male subjects. Fur J Clin Pharmacol 2005; 61(12):873-880.
- 36. Kubitza D, Beck M, Mueck W, Zuehlsdorf M. Safety, tolerability, pharmacodynamics, and pharmacokinetics of rivaroxaban--an oral, direct factor Xa inhibitor--are not affected by aspirin. J Clin Pharmacol 2006; 46(9):981-990.
- Patel MR, Mahaffey KW, Garg J et al. Rivaroxaban versus warfarin in nonvalvular atrial fibrillation. N Engl J Med 2011; 365(10):883-891.
- 38. Di Biase L. Use of Direct Oral Anticoagulants in Patients With Atrial Fibrillation and Valvular Heart Lesions. J Am Heart Assoc. 2016;5(2):e002776. Published 2016 Feb 18.

- Zhao I et. al. On the restricted mean survival time curve in survival analysis, biometrics, 2016, 72:215–221.
- 40. Uno H, Wittes J, Fu H, et al. Alternatives to Hazard Ratios for Comparing the Efficacy or Safety of Therapies in Noninferiority Studies. Ann Intern Med. 2015;163(2):127-134.
- Kim DH, Uno H, Wei LJ. Restricted Mean Survival Time as a Measure to Interpret Clinical Trial Results. JAMA Cardiol. 2017;2(11):1179-1180.
- 42. McCaw ZR, Yin G, Wei LJ. Using the Restricted Mean Survival Time Difference as an Alternative to the Hazard Ratio for Analyzing Clinical Carai wascular Studies. Circulation. 2019;140(17):1366-1368.
- 43. Uno H, Wittes J, Fu H, et al. Alternatives to Hazard Patters for Comparing the Efficacy or Safety of Therapies in Noninferiority Studies. Annals of intern. 1 medicine 2015;163:127-34.
- 44. Avezum A, Lopes RD, Schulte PJ, Lanas F C TS¹, BJ, Hanna M, Pais P, Erol C, Diaz R, Bahit MC, Bartunek J, De Caterina R, Gotc S, P.uzyllo W, Zhu J, Granger CB, Alexander JH.Apixaban in comparison with warfarin in patients with atrial fibrillation and valvular heart disease: findings from the Apixaban for Reduction in Stroke and Other Thromboembolic Events in Atrial Fibrillation (ARISTOTLE) in Circulation. 2015; 132:624–632.
- 45. Granger CB, Alexander JH, McMurray JJ, et al. Apixaban versus warfarin in patients with atrial fibrillation. N Engl ' Med. 2011;365(11):981-992.
- Giugliano RP, R^{eff} CT, Braunwald E, et al. Edoxaban versus warfarin in patients with atrial fibrillation. N Engl J Med. 2013;369(22):2093-2104.
- 47. Russo V, Attena E, Mazzone C, Esposito F, Parisi V, Bancone C, Rago A, Nigro G, Sangiuolo R, D' Onofrio A Nonvitamin K Antagonist Oral Anticoagulants Use in Patients with Atrial Fibrillation and Bioprosthetic Heart Valves/Prior Surgical Valve Repair: A Multicenter Clinical Practice Experience. Semin Thromb Hemost. 2018 Jun; 44(4):364-369.

48. Yang H, Bouma BJ, Dimopoulos K, et al. Non-vitamin K antagonist oral anticoagulants (NOACs) for thromboembolic prevention, are they safe in congenital heart disease? Results of a worldwide study. Int J Cardiol. 2020;299:123-130.

FIGURE LEGENDS

Figure 1. River Trial - Study Design (screening period, treatment period, and post-treatment observation period)

Figure 2. Illustration and interpretation of non-inferiority bound ries, considering the 95% bilateral confidence intervals for the difference in restricted mean survival time between study groups (Rivaroxaban - Warfarin)

A- If the confidence interval crosses the non-inferority margin and the upper limit of the interval confidence interval is greater than 0, then the ion inferiority of rivaroxaban compared with warfarin was not met and the results are inconclusive. B. The non-inferiority of Rivaroxaban when compared with warfarin will be demonstrated if the low er hanit of the confidence interval does not cross the stipulated non-inferiority margin (8-day difference). C. Rivaroxaban will be considered superior to warfarin if the lower limit of the confidence interval is greater than 0. D. If the upper limit of the confidence interval is less than 0, then rivaroxaba will be declared inferior to warfarin.

Table 1. Inclusion and exclusion criteria

Inclusion Criteria

- 1. Age ≥ 18 years at the time of inclusion;
- Patients with paroxysmal, permanent, or persistent atrial fibrillation or flutter and biological prosthesis of the mitral valve,* with planned or current use of oral anticoagulants for prophylaxis of thromboembolism;
- 3. The patient (or legal representative) must be able to give inform :d consent in accordance with ICH GCP guidelines and local legislation and or . •gulations.

Exclusion Criteria

- 1. Presence of thrombus or cardiac tumor;
- 2. Active endocarditis;
- Uncontrolled hypertension (SBP >180 mm F g and or DBP >100 mm Hg according to measurement performed at the beginning of the study;
- 4. Active internal bleeding;
- 5. History of, or condition associated with, increased risk of bleeding, including:

- Major non-cardiac surgiced procedure or trauma 30 days before

randomization;

- Clinically sign. Scart sustrointestinal bleeding 6 months before randomization;

- History of non-traumatic intracranial, intraocular, medullary or intra-articular hemorrhage;

- Chronic hemorrhagic disorder;
- Known intracranial neoplasia, arteriovenous malformation or aneurysm;

- Planned invasive procedure with the potential for uncontrolled bleeding, including major surgery;

 History of previous thrombotic or thromboembolic event with a high risk of bleeding:

-Severe and disabling stroke (modified Rankin score of 4-5 inclusive) in the last three months before randomization;

- Acute thromboembolic events or thrombosis (venous / arterial) within 14 days before randomization (e.g. acute myocardial infarction within 14 days before randomization).

7. Treatment with:

- ASA at doses >100 mg or double antiplatelet therapy wit in z days before randomization;

- Intravenous antiplatelet agent 5 days before randor liza 'ion;
- Fibrinolytics 10 days before randomization

- Early need for long-term treatment v. th '. non-steroidal anti-inflammatory;

- Systemic treatment with a potent cytochrome P450 3A4 inhibitor, such as ketoconazole or protease inhibitor; 4 days before randomization or planned treatment during the study (report)

- Treatment with a potent cylochrome P450 3A4 inducer, such as rifampicin, phenytoin, phenyba bita or carbamazepine, 4 days before randomization or planned treatment during the study period;

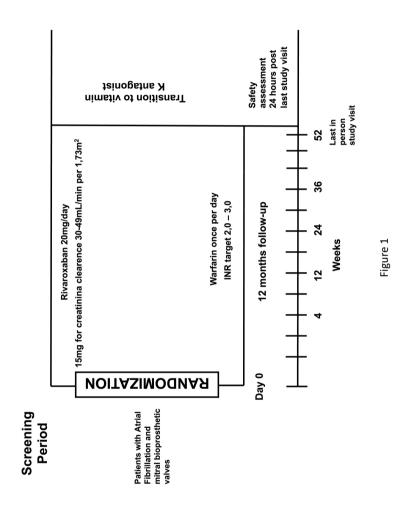
- 8. Anemia (hemoglobin level below 7.5 g/dL) at the screening consultation;
- Pregnancy or breastfeeding or women of childbearing age without using an effective contraceptive method;
- 10. CrCl calculated below 30 mL/min at the screening visit;
- Significant liver disease identified (e.g., acute clinical hepatitis, active hepatitis, cirrhosis) or alanine aminotransferase > 3 × above the normal upper

limit;

12. Previous participation in the study.

Journal of

^{*} Patients are eligible to be included in the RIVER study and any period after 48 hours of mitral valve surgery. Thus, both patients who have undergone procedures could be included: those who are in the postoperative period (> 48h after surgery) and those who have undergone surgery a few years ago. Both patients with or without exposure to prior oral anticoagulation were eligible.



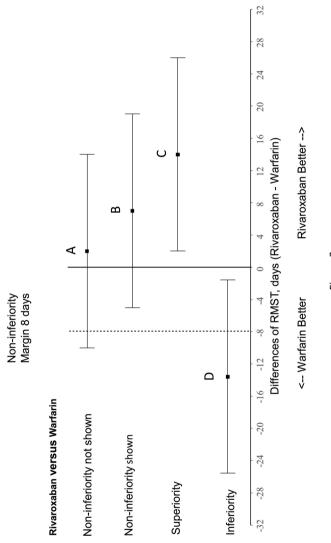


Figure 2